Joint Committee on Public Petitions

OPENING STATEMENT

Michael Fitzgerald,
Chief Officer, Cork Kerry Community Healthcare.

Thursday 15th September 2022



Introduction

Good afternoon Chairperson and members of the Committee. Thank you for the invitation to meet with the Committee on Public Petitions to discuss the Owenacurra Mental Health Centre in Midleton. I am joined by my colleague(s):

- Dr. Sinead O'Brien, Executive Clinical Director, Cork Mental Health Services and Consultant Psychiatrist
- Mr Jim Ryan, Head of Operations, HSE Mental Health Services
- Mr Alan O'Connell, Assistant National Director, HSE Estates

I would like to take this opportunity to thank you for the invitation to address the committee and discuss Petition No P00042-21 "Saving the services of the Owenacurra Centre, Midleton Co Cork."

Firstly, I acknowledge the moving testimony given to this Committee by Dr. Orla Kelleher when it discussed the closure of the Centre earlier this year. We understand that moving from the Owenacurra Centre to a new home is difficult for residents and we are working hard to ensure that every resident's transition is as supported as much as possible. I hope that the details which we share today explain the reasons for the difficult but necessary decision to close the Centre.

The Owenacurra Centre is a single story mental health facility that provides a continuing care service as approved centre unit with the Mental Health Commission in Midleton. The service is provided by Cork Kerry Community Healthcare Mental Health Services and it is registered with the Mental Health Commission to deliver an inpatient care service for up to 24 people for Long Stay Psychiatry of Later Life Mental Health Rehabilitation/Continuing Mental Health Care Rehabilitation.

Rationale for Closure

For the information of the Joint Committee on Public Petitions, the original plan for the Owenacurra Approved Centre was to refurbish the day centre section of the building to address privacy concerns for residents of the centre. The current building simply did not allow for the kind of care and recovery which a modern service should provide. As a result of the Covid-19 pandemic, these works were delayed.

Notwithstanding the fact that there were no conditions attached to the registration or escalation or enforcement actions since the previous inspection in 2020, the Mental Health Commission (MHC) completed an inspection between 16-19th February, 2021 raising serious concerns with regard to persistent non-compliance with *Regulation 22: Premises*. On foot of this, Cork Kerry Community Healthcare (CKCH) committed to providing plans for the Owenacurra Centre to work to address the non-compliance. These concerns echoed the ongoing concerns of local management about the condition and unsuitability of the current building to serve the needs of the people using the service.

During Quarter 2 of 2021, Service planning and delivery started to recommence in a more normal way as Covid measures eased. Covid 19 also had the added effect of focusing additional attention on the standard of accommodation available in residential settings across the CHO. Subsequently, the originally proposed works in Owenacurra were revisited and reviewed in both this context and in the context of other concerns evident in the centre, including fire risk assessment, asbestos survey, infrastructural deficiencies, etc.

Following a review by HSE Estates of the independent Fire Risk Assessment, Asbestos Survey, Mechanical and Electrical Infrastructure reports, and taking account of the structural design of the Owenacurra Centre, all of which were undertaken to identify risks and potential solutions, the view was formed that the investment of significant capital did not represent the best use of public funds in providing the best solution for the service.

Given the unacceptable deficiencies in the accommodation, the extensive level of investment required to provide a centre that would meet the resident's needs, the decision became clear to close the Centre and identify alternative appropriate options for the residents. The following outlines further deficiencies and issues in relation to the centre:

- A Fire risk assessment report survey findings was undertaken, which details works required to address these deficiencies, which were significantly more than "repair" works.
- Asbestos survey detailing findings of a decorative coating throughout the ceilings
 in the centre that contains chrysotile asbestos which would need to be removed
 when completing necessary fire risk works to a significant number of ceilings
 within the building. The presence of Asbestos was also noted in the flooring.
- Essential systems such as heating, electrics, building fabric etc. being beyond their end of useful life;
- Continuance of HSE clients living in 7.5m2 bedrooms with no ensuite when the current best practice to achieve is 22m2 (including an ensuite).
- Lack of social spaces, therapeutic spaces and essential staff support accommodation.

- The fact that investment of significant funding into a building would still not bring the unit up to an acceptable accommodation standard for residents and other service users.
- As has been outlined previously, the Owenacurra Centre is currently c.1,050m². Based on existing standards of accommodation for the client profile in the Centre, a new facility with the same number of bedrooms would need to be approximately twice the size of the current Centre in the order of c.1,800m² c.2,000m² would be required. This does not include other essential requirements necessary on-site such as secure, external recreational and therapeutic spaces, appropriate parking spaces, as well as creating an independent day Centre.
- The age and type of construction of the building (a Roh-fab building with a useful lifespan of approximately 40 years currently in operation for circa 50 years) meaning the ability to comply with current building regulations and Government energy performance requirements would not be capable of being met;
- Notwithstanding the above, a further significant factor regarding any potential refurbishment options is that the existing structural design is not capable of facilitating such major renovation works without requiring a very complex and extremely costly engineering solution to maintain its integrity while any works would advance.
- In addition, it would be impractical and inappropriate to undertake works of such significance, on a phased basis, with residents in place, due to issues including Health & Safety, the overall welfare of residents and staff, Fire Control, Asbestos and Aspergillosis risks due to the nature of the works involved.

As there was no way to bring the centre to a standard where it would be fit for purpose at a realistic cost, HSE Cork Kerry Community Health were left with no choice but to close the centre.

The replacement of the building is now proposed as the most effective way of ensuring a facility that meets with resident's needs, meets with best practice guidelines for such accommodation, meets current building standards and will meet with the Governments energy target requirements for public buildings in a cost effective manner.

The difficult decision to cease services at the Owenacurra Centre was taken by myself as Chief Officer, having considered the information pertaining to the condition of the building, its requirement to comply with Regulations and its future appropriateness to provide specialist residential services. The decision was supported by the Mental Health Head of Service, the Area Director of Nursing for Mental Health and the Executive Clinical Director for Mental Health.

There has been significant public debate on whether it would be possible to refurbish the existing Owenacurra Centre, with residents remaining on site during the works.

The position is that this would not be safe and would not be in the best interest of residents.

The expert reports outlined and taken into account in the decision, make it clear that investment in the current building would not deliver the quality of accommodation which residents deserve, in line with modern requirements and regulatory standards within a realistic budget.

Consultations with Families/Residents

The assessed needs and will and preference of residents has always been to the fore in the context of their relocation to other appropriate settings. The HSE has been very conscious of the need for engagement with residents during this difficult period and has extended the closure period of the centre while the services & residential requirements of residents are being identified and sourced.

This assessment consists of individual care plan multi-disciplinary reviews with the residents, Consultant Psychiatric review, formal family meetings and informal family contacts. At all times residents have been given the option to approach named members of staff to provide supports and information relating to their assessed needs and will and preference. There is an on-going advocacy service available and in place to discuss and support residents' concerns.

Mental Health Services in Cork Kerry Community Healthcare are working in close collaboration with the affected service users and their families to find more appropriate accommodation. This process is being handled with sensitivity and with regard to the wishes and preferences of each individual resident and aligned to their current needs, including their health and safety and provision of appropriate treatment and care. Residents are moving on a phased basis and engagement with each resident is on-going. Eleven residents have moved to a variety of new settings, and our staff remain in contact with them. Their new homes include nursing homes and community residences, and these new placements fit each person's individual assessed needs. Residents are settling into their new homes and continue to receive support in a more appropriate environment.

For the remaining residents, the supports being provided as they move through what is a difficult process for them will continue, as will the engagement with themselves and their families. Our priority now is to work with the remaining residents to identity new homes for them, which will meet their needs as assessed by medical experts, as well as their own will and preference. This work by our clinical experts will continue to be a support to the remaining residents in the Owenacurra Centre.

Commitments in Midleton

We remain committed to providing quality mental health services for the population of East Cork and the wider region. We strive to support the principle of maintaining people in their own homes and communities where possible, and bringing the specialist services required as close to the homes and communities as possible.

We had provided assurances that we will explore options to relocate and reinstate the day service in the town as soon as possible. The Day Centre has moved to a new location and is operating there successfully. The longer-term plan is to provide this service at the redeveloped Midleton Community Hospital site.

I wish to advise that we will provide a new 10-bed rehabilitative focused residential unit in Midleton town. This service will have 24 hour staffing, and will have a focus on supporting people to return to their homes and communities. We will be appointing a development team which will conduct an options appraisal, and engage with people using mental health services in the area. The Owenacurra site will be among the possible locations considered.

A Capital Submission Initiation Document for this proposed development has been submitted for the approval of the National Capital & Property Steering Committee of the HSE. A meeting of this Committee is scheduled for the end of September where this proposed development will be discussed.

In addition to the above, we will also provide at least one community residence in Midleton town, for three or four residents. The model for this service will be rehabilitation focussed also, with healthcare professional staff supporting the residents, with 24-hour staffing in place.

A suitable property, located within Midleton, is being pursued for this purpose and a Property Transaction Approval From for the purchase of this property has also been

submitted for the approval of the National Property Review Group.

Our plan for residential mental health services in the East Cork area will ultimately deliver

a modern service into the future and in line with Government policy.

Closing

Finally, I would hope that this detailed account of the rationale for the closure of the

current Owenacurra Centre, the future transition of the services with a rehabilitation

Centre and community residence service for Midleton and its environs will see the

further transition of service to a much more community based recovery approach. The

supports being provided to current residents as they move through what is a difficult

process for them will continue as will the engagement with themselves and their families.

The recent restoration of day services is also a key component of the transition.

Cork Kerry Community Healthcare acknowledges the challenge it faces to implement the

transition and the fact that many of its mental health residential centres in Cork in

particular require replacement or refurbishment. The Mental Health Management team

of the CHO are committed to work through these issues to ensure a modern and

proactive service is achieved to meet the needs of the community.

This concludes my Opening Statement.

Thank you.

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